

# PROGRAMME IN DETAILS

## PRE-CONGRESS COURSES

(including hands-on courses in laparoscopic bariatric procedures, robotics and endoscopic interventions)

### WEDNESDAY, 3 MAY 2023

**10:00-17:30** **Module 1: Science, endoscopic and surgical techniques of Bariatric-Metabolic Surgery (BMS)**  
**Supervisor:** Maurizio De Luca (Italy)

**10:00–12:00** **Session 1: Science behind BMS** **Hall 1 (Gartensaal 1B+C)**

**Chairs:** Scott A Shikora (United States), Maurizio De Luca (Italy)

20'+4' **Overview of study designs in BMS**

*Maurizio De Luca (Italy)*

20'+4' **How to judge the scientific value of a paper**

*Daniel Gero (Switzerland)*

20'+4' **How to get a paper accepted in Obesity Surgery**

*Scott A Shikora (United States)*

20'+4' **How to perform a systematic review and meta analysis**

*Sonja Chiappetta (Italy)*

20'+4' **The Delphi method**

*Chetan Parmar (United Kingdom)*

**13:00–15:00** **Session 2: Endoscopic procedures for weight loss** **Hall 1 (Gartensaal 1B+C)**

**Chairs:** Karl Miller (Austria), Patrick Aepli (Switzerland)

25' **Bariatric and metabolic endoscopy: overview focussed on endoscopic sleeve gastroplasty (ESG) and duodenal mucosal resurfacing (DMR)**

*Patrick Aepli (Switzerland)*

25' **Technique, indication and results of Primary Obesity Surgery Endoluminal (POSE)**

*Karl Miller (Austria)*

25' **Evidence compared to new drugs**

*Carel Le Roux (Ireland)*

25' **Management of complications after endoscopic procedures**

*Karl Miller (Austria)*

20' **Discussion**

<b>15:30–17:30</b>	<b>Session 3: How I do it: Technique, tips, tricks, and pitfalls</b> (including videos) <b>Chairs:</b> Michel Gagner (Canada), Andrés Sanchez-Pernaute (Spain)	<b>Hall 1 (Gartensaal 1B+C)</b>
20'+4'	<b>RYGB</b> <i>Frits Berends (Netherlands)</i>	
20'+4'	<b>OAGB</b> <i>Niccolo Petrucciani (Italy)</i>	
20'+4'	<b>SADI-S</b> <i>Andrés Sanchez-Pernaute (Spain)</i>	
20'+4'	<b>BPD-DS</b> <i>Michel Gagner (Canada)</i>	
20'+4'	<b>Sleeve gastrectomy</b> <i>Luigi Angrisani (Italy)</i>	

**10:00-17:30 Module 2: Interdisciplinary management of patients with obesity / multimodal treatment strategies**  
**Supervisor:** Marco Bueter (Switzerland)

<b>10:00–12:00</b>	<b>Session 1: Interdisciplinary and interprofessional management</b>	<b>Hall 2 (Gartensaal 1A)</b>
40'	<b>Chairs:</b> Marco Bueter (Switzerland), Carel Le Roux (Ireland) <b>Obesity as a disease &amp; stigma</b> <i>Carel Le Roux (Ireland)</i>	
30'	<b>Preoperative assessment and follow-up</b> <i>Philipp Gerber (Switzerland)</i>	
30'	<b>The role of new Anti-Obesity drugs</b> <b>a) Alone; b) Neoadjuvant; c) Adjuvant; d) In case of insufficient weight loss or weight regain</b> <i>Carel Le Roux (Ireland)</i>	
20'	<b>Discussion</b>	

<b>13:00–15:00</b>	<b>Session 2: Complication management of BMS</b>	<b>Hall 2 (Gartensaal 1A)</b>
30'+10'	<b>Chairs:</b> Torsten Olbers (Sweden), Harry Pappis (Greece) <b>Intraoperative</b> <b>a) Stapler failure; b) Bleeding; c) Conversion consequences</b> <i>Harry Pappis (Greece)</i>	
30'+10'	<b>Early postop</b> <b>a) Bleeding (all Op, management, Rx interventions); b) Leakage; c) Obstruction; d) Pancreatic fistula (revisions)</b> <i>Mirko Otto (Germany)</i>	
30'+10'	<b>Long-term complications</b> <b>a) Internal hernia; b) Peptic ulcers (treatment, prevention); c) Malnutrition; d) Dumping</b> <i>Torsten Olbers (Sweden)</i>	

**15:30–17:30 Session 3: Mechanisms involved in BMS Hall 2 (Gariensaal 1A)**

**Chairs:** Marco Buefer (Switzerland), Thomas Lutz (Switzerland)

**The role of gut hormones**

*Carel le Roux (Ireland)*

**Role of bile acids**

*Thomas Lutz (Switzerland)*

**Gut microbiota**

*Valentina Tremaroli (Sweden)*

**Behavioral mechanisms**

*Marco Buefer (Switzerland)*

**Role of vagal nerve/ganglia**

*Wolfgang Langhans (Switzerland)*

**10:00–17:30 Module 3: Long-term results  
Supervisor: Ralph Peterli (Switzerland)**

**10:00–12:00 Session 1: Weight regain and insufficient weight loss Hall 3 (Seezimmer 1A+B)**

**Chairs:** Ralph Peterli (Switzerland), Katharina Timper (Switzerland)

**Management in general and Conservative Options**

*Katharina Timper (Switzerland)*

**Endoscopic transluminal Options**

*Patrick Aepli (Switzerland)*

**Surgical options for non-responders after:**

**a) Sleeve**

*Adrian Billeter (Germany/ Switzerland)*

**b) RYGB**

*Maurizio De Luca (Italy)*

**13:00–15:00 Session 2: Long-term results of BMS (>10y) Hall 3 (Seezimmer 1A+B)**

**Chairs:** Paulina Salminen (Finland), Andrés Sanchez-Pernaute (Spain)

**How to measure outcome**

*Paulina Salminen (Finland)*

**RYGB**

*Michel Suter (Switzerland)*

**Sleeve gastrectomy**

*Marko Kraljevic (Switzerland)*

**OAGB**

*Niccolo Pertrucciani (Italy)*

**SADI-S**

*Andrés Sanchez-Pernaute (Spain)*

**BPD**

*Francesco S Papadia (Italy)*

**and new developments**

**Chairs:** Scott A Shikora (United States), Jacques Himpens (Belgium)

25'+5'

**Malnutrition and deficiencies**

*Bernd Schultes (Switzerland)*

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25'+5'

**Excessive weight loss: Management & surgical options**

*Ralph Peterli (Switzerland)*

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25'+5'

**Minimal requirements for evaluation of new procedures: efficacy and safety, after how many years**

*Jacques Himpens (Belgium)*

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25'+5'

**Process for novel procedures to be accepted as standard procedures by IFSO/ ASMBS (including new indications for transplantation, 30-35 BMI no comorbidities etc)**

*Scott A Shikora (United States)*

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